

A welcome message from our Head of School Lindsey Mackenzie and Adam Richards our Executive Headteacher

Dear Families,

Welcome back to you all! I hope you were able to enjoy the summer holidays despite the damp weather!

It is a privilege for me to take the role of Head of School at King Charles this year, during Mr Moscato's secondment with the Diocese. It has been a pleasure to see so many children smiling and skipping through the gates for their first few days back at school this week. It has also been wonderful to welcome our new families and members of our staff team to KC. Please see the information below to enable you to put a face to the name.



Working together as a whole staff team, we spent our Monday and Tuesday inset days preparing for what I know will be a successful term and year ahead. There are already some school trips booked in our diaries and we are pleased to share that the children's toilets have been refurbished and improved over the summer break.

I endeavour to be out and about on the school gates at the beginning and end of the day – I look forward to seeing you there!

Enjoy your weekend,

Lindsey Mackenzie

Dear Families,

Welcome back to KC! It's a privilege to watch the children on their first few days back to school as they meet their friends, new teachers and get used to their new classrooms. As well as the children, our new staff started this week and I'd like to extend a warm King Charles welcome to them too.

Our two staff training days were a real opportunity to connect with the whole of the Kernow Learning team from across Cornwall. Last Monday, all Kernow Learning staff met at The Hall for Cornwall where we launched The Kernow Challenge - setting the direction of our Trust for the next 4 years.

We had inspiration talks from Action Jackson, the UK Ambassador for Happiness, Mary Myatt, an expert on curriculum and Clare Crowle, our CEO. Everyone came away fully energised and ready for the new term.

I hope you a lovely, warm weekend with your families.

Yours sincerely,

Adam Richards

Executive Headteacher



Welcome to our new team members

Miss Gemma Wray

Mrs Wray is our New year 5 teacher and will be teaching 5W along with Mrs Williams's.



Miss Chloe Fox

We welcome Miss Fox our new year 2 teacher.

Miss Chelsey Symons

We are excited to have Miss Symons join us here as a TA.



Miss Rasa Stanilyte

Miss Stanilyte has joined our Year 4 team as TA to 4F.

Miss Poppy Morris

Welcome to Miss Morris who has joined our office team as administrator.



Ex-day 6,4,2

In Exdays this week, we will be linguists learning about France and other countries where French is spoken.



P.E Days

Reception - TBC

Wednesday (Indoor)

Year 1 - Tuesday
(Outdoor)

Year 4 - Monday
(Outdoor)

Thursday (Indoor)

Wednesday (Indoor)

Year 2 - Wednesday
(Outdoor)

Year 5 - Thursday
(Outdoor)

Thursday (Indoor)

Tuesday (Indoor)

Year 3 - Tuesday
(Outdoor)

Year 6 - Wednesday
(Outdoor)

Tuesday (Indoor)

Contact us Emails

Keeping in touch is important. If you have questions, concerns or queries, your first point of contact should be the class teacher and they can be contacted using the year group e mail addresses. These are below and each are followed with @kernowlearning.co.uk

eyfs.kingcharles year1.kingcharles

year2.kingcharles year3.kingcharles

year4.kingcharles year5.kingcharles

year6.kingcharles

<u>Year Group</u>	Looking forward to the week ahead (week beginning Mon 11th September) ...
<u>Reception</u>	We are looking forward to welcoming all our new children in to reception.
<u>Year 1</u>	As geographers, we will be using Google Maps to locate our school and identify features of the area surrounding it.
<u>Year 2</u>	We are excited to find out what our tie dye butterflies look like and we will be adding the abdomens which we plaited using pipe cleaners last week.
<u>Year 3</u>	As Computer users and designers, we can't wait to explore discovery coding and learn how to use a keyboard to give instructions for objects to move, hide and reappear.
<u>Year 4</u>	As sporting stars, Year 4 are looking forward to our first school swimming lesson on Tuesday.
<u>Year 5</u>	As historians, we will be investigating the legacy of the Ancient Greeks - how great was Alexander the Great?
<u>Year 6</u>	As Geographers we are looking forward to visiting the beach and learning more about our Schools Across the Ocean project.



Author of the week

1H – Orla C **1C** – Miles D
2S – Eliza R **2F** – Oliver C
3H – Martha S **3BC** – Thea S & Gracie F
4D – Mohamad AQ **4F** – Astrid F
5W – Ethan R **5J** – Zoe C
6T – Maude RB **6C** – Flynn D



Shine Award

1H – Toby B **1C** – Lyra W
2S – Ted B **2F** – Kendall C
3H – Robyn A **3BC** – Rafael P & Isabelle W
4D – Isla S **4F** – Arlo B
5W – Jamie B & Jack K **5J** – Lexi E & Iris J
6T – Maia S **6C** – Evie H

Mathematician of the week

1H – Riley H **1C** – Neeve S
2S – Jessica G **2F** – Roscoe G
3H – Percy H **3C** – Lily M
4D – Nell F **4F** – Sienna M
5W – Reuben B **5J** – Marli M
6T – Ru K **6C** – Bea C



Together for Families

Early Help Parenting Newsletter – Autumn 2023

Free information, support and guidance for parents and carers.

Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns, are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 033 123 1116.

Parenting Support Workshops

We offer interactive parenting programmes both online and face to face. More information about our parenting support on offer can be found at: www.cornwall.gov.uk/parenting

The programmes currently available are:

- **Being Passionate About Parenting Early Years** – 1-3 years (3 x 2-hour sessions)
- **Being Passionate About Parenting** – 4-11 years (3 x 2-hour sessions)
- **Take 3 – Supporting Teenagers** 12-17 years (5 x 2-hour virtual sessions or 10 x 2-hour face to face sessions)
- **Living with Parents** – a one day workshop for parents and their young person aged 12 to 17 years.
- **Understanding your child with additional needs** – a self-guided course accessed through Solihull:
<https://inourplace.heiapply.com/online-learning/course/36>

To access the course, please register for an account using the code TAMAR

Solihull Online

FREE access to self-guided parenting courses for parents and carers in Cornwall and the Isles of Scilly. www.inourplace.co.uk Free Access Code: TAMAR

SPACE

Want to support and understand your child's emotions as well as our own? Why not attend FREE Supporting Parents and Children Emotionally (SPACE) sessions. For more information and/or to register your interest please email: space@cornwall.gov.uk

Supporting Healthy Relationships

Reducing conflict between parents is one of the most effective ways to improve the lives of their children – including mental health and emotional stability, behaviour, helping them to do better in school, and improving the quality of their life long-term.

To find out more on Supporting Healthy Relationships including helpful resources and future courses, please visit: www.cornwall.gov.uk/parenting

Family Information Service

For useful parenting information, updates on parenting programmes and Parenting Podcasts please access the Family Information Service website www.supportincornwall.org.uk

Social Prescribing Cornwall

Linking people with non-clinical sources of support within the community.

www.socialprescribingcornwall.org.uk

Hunrosa



Sleep is essential for our children to grow, learn, promote immunity and good mental health. Children with neurodiversity are likely to find sleep more difficult. Hunrosa have experience and expertise in supporting families, so come to our friendly sleep session to learn about ways you can help your child to sleep better. Please contact your Healthcare Provider should you wish to have them refer you for sleep services. <https://hunrosa.co.uk/>

Kooth & Qwell



Kooth offer free, safe and anonymous mental health support for young people aged 11-19 years.

<https://www.kooth.com/>

Qwell offers mental health support for ALL parents and carers of all ages as well as 19-25 years.

<https://www.qwell.io/>

Headstart Kernow



Parents and carers wellbeing workshops providing support to help you navigate the journey of raising a child in a fast-changing world and to guide you to available services and support and to promote helpful conversation.

www.headstartkernow.org.uk

Just for Dads



For information tailored just for you check out:

www.supportincornwall.org.uk/fordads

[DadPad | The Essential Guide for New Dads | Support Guide for New Dads \(thedadpad.co.uk\)](#)

Homestart Kernow



Parents can struggle at one time or another, you are not alone. Home-Start's volunteers work alongside families to give compassionate and confidential support. They help people to regain the confidence to be the parents they want to be.

www.homestartkernow.org.uk

Reconnect/The Susie Programme



Giving children the time, space, and skills to have a loving relationship with themselves and others following Domestic Abuse. As well as providing adults with a support programme to enable you to positively move forward with your life.

www.saferfutures.org.uk/online-referral/

Citizens Advice

Giving people the knowledge and confidence, they need to find their way forward - whoever they are, and whatever their problem - Adviceline: 0800 144 8848 or text the word ADVICE to 78866 and they will call you back within 48 hours (excluding weekends). www.citizensadvice.org.uk

Neurodiversity Videos

Some short videos around neurodiversity.

Adolescents with ADHD:

www.youtube.com/watch?v=uGSHcHcVnIo

Walk in My Shoes:

www.youtube.com/watch?v=KSKvazFTLv8

For more information on Neurodiversity go to:

www.pdasociety.org.uk

www.adhdfoundation.org.uk

www.autism.org.uk

www.bridgingtheneurodivide.com

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Email: equality@cornwall.gov.uk Telephone: 0300 1234 100



Together 
for Families



www.cornwall.gov.uk