

King Charles C of E Primary School

PE SHINE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE: Unit 1	Introduction to PE: Unit 2	Dance Gymnastics	Fundamentals Gymnastics	Ball Skills Games	Fundamentals Athletics
Year 1	Fundamentals Team Building	Ball Skills Dance	Net and Wall Games Fitness	Invasion Games Gymnastics	Striking and Fielding Games Yoga	Target Games Athletics
Year 2	Gymnastics Fundamentals	Ball Skills Yoga	Gymnastics Net and Wall Games	Invasion Games Dance	Striking and Fielding Games Invasion Games	Athletics Dance
Year 3	Handball Gymnastics	Hockey Ball Skills	Fitness Rugby	Netball Dodgeball	Cricket Yoga	Athletics Dance
Year 4	Dodgeball Ball Skills	Rugby Gymnastics	Football OAA	Hockey Fitness	Rounders Dance	Tennis Athletics
Year 5	Gymnastics Football	Netball Yoga	Basketball Fitness	Tennis Gymnastics	Dance Cricket	Athletics Volleyball
Year 6	Netball Yoga	Dance Football	Hockey Gymnastics	Rugby Volleyball	Rounders Basketball	Athletics OAA