

# PERSONAL, SOCIAL AND HEALTH EDUCATION (PSHE) AT KING CHARLES

## INTENT

### What are the aims?

At King Charles School, PSHE is a cornerstone of all that we do and enables our children to become **independent, confident, healthy and responsible members of society**, as well as developing the 'whole child' **intellectually, morally, socially and spiritually**.

Through our whole-school approach to PSHE, it is our belief that excellence in these areas will lead to excellence across the curriculum and beyond in later life. PSHE is taught across the school from FS1- Year 6 on a weekly basis and as a school, we follow the **Jigsaw PSHE scheme**.

Our PSHE curriculum equips our pupils with relevant and meaningful content, which is supported through a strong emphasis on **emotional literacy**, building **resilience** and **nurturing mental and physical health**, and is central to our whole **SHINE** curriculum. With an ever-changing society, we are able to provide our children with a strong understanding of the **diverse world** around them and support them in playing a positive role in **contributing** to the school and the wider community.

Interweaved through the heart of our PSHE teaching, is a commitment to enhancing and promoting our **core values** of Teamwork, Friendship,

## IMPLEMENTATION

### What does it look like?

Our whole curriculum is shaped by our school vision which aims to enable **everyone to shine**, regardless of background, ability or additional needs, and to flourish to become the very best they can possibly be.

We teach the National Curriculum, supported by a clear skills and knowledge progression. This ensures that skills and knowledge are built on year by year and sequenced appropriately to maximise learning for all children.

Jigsaw PSHE directs our aim on developing the 'whole child' through a spiral curriculum approach to developing knowledge, skills and understanding in the areas of;

♦ **Being Me in My World** ♦ **Celebrating Difference** ♦ **Dreams and Goals** ♦ **Healthy Me** ♦ **Relationships** ♦ **Changing Me**

## **PSHE AT KING CHARLES**

*What are the outcomes?*

### **IMPACT**

What will this look like? By the time children leave our school, our pupils will:

Have a ready **willingness and ability** to try new things, **push themselves and persevere**. To have a good understanding of how to **stay safe, healthy** and develop **good relationships**. To have an appreciation of what it means to be a **positive member of a diverse, multicultural society**. To have a strong **self-awareness**, interlinked with **compassion** of others.