

WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 10/03, 31/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Macaroni Cheese	Classic Beef Burger Served with Potato Wedges	Roast Gammon Served with Roast Potatoes and Gravy	BBQ Chicken Pizza Served with Pesto Pasta	Fish Fingers Served with Chips
	Cheesy Bean Burrito 	Quorn Burger Served with Potato Wedges	Roast Quorn Served with Roast Potatoes and Gravy	Meatless Feast Cheesy Pizza Served with Pesto Pasta	Veggie Fingers Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Raspberry Jelly	Apple Crumble with Custard	Fresh Fruit and Yoghurt	Flapjack with Fruit	Chocolate Brownie

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice

WEEK 2

W/C: 11/11, 02/12, 13/01, 03/02, 24/02, 17/03

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Veggie Supreme Pizza
Served with Pesto Pasta

Beef Bolognese
Served with Wholewheat Pasta

Roast Pork
Served with Roast Potatoes and Gravy

Chicken and Vegetable Pie
Served with Mashed Potato and Gravy

Crispy Chicken Burger
Served with Chips

Vegetable Fajita
Served with Wholegrain Rice

Chinese Vegetable Noodles

Winter Vegetable Hotpot
Served with Gravy

Macaroni Cheese

Quorn Dippers
Served with Chips

Jacket Potatoes
with a choice of hot and cold fillings

Jacket Potatoes
with a choice of hot and cold fillings

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with a choice of hot and cold fillings

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with a choice of hot and cold fillings

Jacket Potatoes
with a choice of hot and cold fillings

Tomato Pasta Fresh, homemade tomato sauce with penne pasta

All main meals are served with two vegetables

DESSERT

Crunchy Chocolate Mousse

Apple and Cinnamon Sponge
with Custard

Fruits of the Forest Jelly

Fresh Fruit and Yoghurt




































Chocolate Cookie

AVAILABLE EVERY DAY
Water, salad, freshly baked bread,
yoghurt & fresh fruit

Vegetarian **Oily Fish** **Wholegrain**
 Fruity! **Nutritionist's Choice**

WEEK 3

W/C: 18/11, 09/12, 20/01, 10/02, 03/03, 24/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Macaroni Cheese 	Pork Sausages Served with Mashed Potato and Gravy	Roast Beef Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma    Served with Wholegrain Rice	Battered Fish Served with Chips
	BBQ Quorn Fillet    Served with Wholegrain Rice	Quorn Sausages  Served with Mashed Potato and Gravy	Roasted Vegetable and Cranberry Slice  Served with Roast Potatoes and Gravy	Tomato and Sweetcorn Pasta    	Cheese and Sweetcorn Omelette  Served with Chips
JACKET POTATO	Jacket Potatoes    with a choice of hot and cold fillings	Jacket Potatoes    with a choice of hot and cold fillings	Jacket Potatoes    with a choice of hot and cold fillings	Jacket Potatoes    with a choice of hot and cold fillings	Jacket Potatoes    with a choice of hot and cold fillings
Tomato Pasta    Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Chocolate Beet Brownie with Orange Slices 	Fresh Fruit and Yoghurt 	Sicilian Lemon Cookie with Fruit 	Jam and Coconut Sponge with Custard	Vanilla Ice Cream

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

-  Vegetarian
-  Oily Fish
-  Wholegrain
-  Fruity!
-  Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

