WEEK 3

W/C: 17/11/2025, 08/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026								
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
HOT DISHES	OPTION	Cheese and Tomato Pizza with Potato Wedges V	Beef Meatballs in Tomato Sauce with Wholewheat Pasta	Roast Gammon with Mashed Potatoes and Gravy	Chicken and Sweetcom Pasta Bake	Battered Pollock with Chips		
	option 2	Veggie Meat Feast Pizza with Potato Wedges V	Veggie Meatballs in Tomato Sauce with Wholegrain Pasta	Quorn Roast with Mashed Potato and Gravy	Macaroni Cheese	Veggie Fingers with Chips		
	OPTION	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta		
		HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	OPTION	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap		
	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich		
		DELI DISHES ARE SERVED WITH MIXED SALAD						



DESSERT

BAKED POTATOES SERVED DAILY

Chocolate

Marble Cake



AVAILABLE DAILY Fresh fruit, salad, yoghurt and water

Fruits of the

Forest Jelly

Crunchy

Chocolate

Mousse

Orange Glazed

Sticky Sponge

Ćake

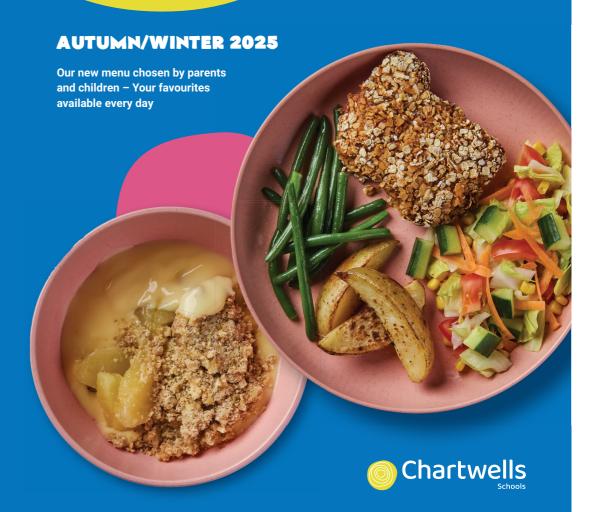
with Custard 6

Lemon Cookie

🔻 Vegetarian 🌞 Vegan 🔅 Oily Fish 😻 Wholegrain 🐞 Fruity! 💖 Nutritionist's Choice

Menu_101_007600

THREE WEEK MENU



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 09/03/2026, 30/03/2026 MONDAY **TUESDAY** WEDNESDAY THURSDAY FRIDAY OPTION Cheese and Chicken and **Beef Bolognese Roast Chicken Tomato Pizza** Vegetable Pie Fish Fingers with Wholewheat with Roast with Potato with Mashed with Chips Pasta 🐲 🤫 Potatoes and Gravy Potatoes and Gravy Wedges 🔮 HOT DISHES OR OPTION **BBQ** Vegetable Vegetarian Roast Ouorn Cheesy Wrap Bolognese with Roast Vegetable **Quorn Dippers** with Wholewheat Hotpot with Potato Potatoes and Gravy with Chips on Pasta 💿 🐲 🤫 Wedges o 🦁 V OR Tomato Pasta Tomato Pasta Tomato Pasta Tomato Pasta **Tomato Pasta** OPTION Fresh, homemade Fresh, homemade Fresh, homemade Fresh, homemade Fresh, homemade **Tomato Sauce with** Tomato Sauce with Tomato Sauce with Tomato Sauce with Tomato Sauce with Penne Pasta 🔮 Penne Pasta 💟 HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD OPTION Cheese and Cheese and Tuna Wrap **Ham Wrap Ham Wrap** DELI DISHES **Tomato Wrap Tomato Wrap** V V OR OR OR OR OPTION Tuna Egg Mayonnaise Cheese Cheese **Ham Sandwich** Mayonnaise Sandwich Sandwich Sandwich Sandwich V V V DELI DISHES ARE SERVED WITH MIXED SALAD Strawberry **Crunchy Apple** Shortcake Oat Cookie **Berry Blondie** Apple Crumble Slice DESSERT Mousse with Custard 6 **T** ď



AVAILABLE DAILY

With a choice of toppings V 🖚

BAKED POTATOES SERVED DAILY

🤍 Vegetarian 🥦 Vegan 🔅 Oily Fish 😻 Wholegrain 🍎 Fruity! 💖 Nutritionist's Choice

W/C: 10/11/2025, 01/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
	OPTION	Macaroni Cheese	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast Potatoes and Gravy	BBQ Chicken with Rainbow Rice	Battered Pollock with Chips			
N.		OR .	OR-	OR	OR	OR .			
HOT DISHES	OPTION 2	Veggie Burrito with Wholegrain Rice ♥ ♣ ♥	Vegetarian Sausage with Mashed Potatoes and Gravy	Veggie Shepherd's Pie with Gravy ♥ ⑦ ※	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad	Veggie Fingers with Chips			
		OR .	OR .	OR	OR OR	OR .			
	OPTION	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🕠	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta			
		HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD							
	OPTION	Cheese and			Cheese and				





BAKED POTATOES SERVED DAILY With a choice of toppings V 🖚



AVAILABLE DAILY Fresh fruit, salad, yoghurt and water

VI

🔻 Vegetarian 👨 Vegan 🚸 Oily Fish 😻 Wholegrain 🀞 Fruity! 💖 Nutritionist's Choice

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with Custard 6