

**WEEK
3**

W/C: 14/11 05/12 16/01 06/02 27/02 20/03

HOT SPECIALS...

DAILY FAVES...

PICK A PUD!

MONDAY

Pesto Pasta Bake ✓
Served with Two Vegetables

Cheese and Tomato Pizza ✓
Served with Potato Wedges

Jacket Potatoes ♥ ✓
with a choice of hot and cold fillings
Tomato Pasta ♥ ✓
Fresh, homemade tomato and basil sauce with penne pasta

Strawberry Ice Cream

TUESDAY

Sweet and Sour Chicken ♥
Served with Wholegrain Rice

West African Vegetable Rice ✓
Served with Two Vegetables

Jacket Potatoes ♥ ✓
with a choice of hot and cold fillings
Tomato Pasta ♥ ✓
Fresh, homemade tomato and basil sauce with penne pasta

Fresh Fruit and Yoghurt ✓

WEDNESDAY

Roast Gammon
Served with Roast Potatoes, Two Vegetables and Gravy

Vegetable Pastry Roll ✓
Served with Roast Potatoes, Two Vegetables and Gravy

Jacket Potatoes ♥ ✓
with a choice of hot and cold fillings
Tomato Pasta ♥ ✓
Fresh, homemade tomato and basil sauce with penne pasta

Fruit Jelly and Custard ✓

THURSDAY

Cottage Pie ♥
Served with Two Vegetables

Vegetarian Cottage Pie ✓ ♥
Served with Two Vegetables and Gravy

Jacket Potatoes ♥ ✓
with a choice of hot and cold fillings
Tomato Pasta ♥ ✓
Fresh, homemade tomato and basil sauce with penne pasta

Chocolate Slice

FRIDAY

Southern Fried Chicken
Served with Chips and Two Vegetables

Quorn Dippers ✓
Served with Chips and Two Vegetables

Jacket Potatoes ♥ ✓
with a choice of hot and cold fillings
Tomato Pasta ♥ ✓
Fresh, homemade tomato and basil sauce with penne pasta

Fresh Fruit and Yoghurt ✓

Chartwells
So much more than Fantastic Food

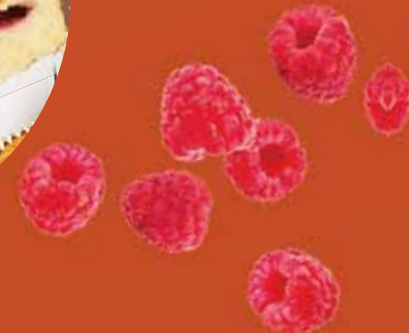
THREE WEEK MENU

AUTUMN/WINTER 2022

£2.40

**OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN**

**YOUR
FAVOURITES
AVAILABLE
EVERY DAY**



ALL MAIN MEALS SERVED WITH TWO VEGETABLES

WEEK 1

W/C: 31/10 21/11 12/12 02/01 23/01 06/03
27/03

WEEK 2

W/C: 07/11 28/11 09/01 30/01 20/02 13/03

HOT SPECIALS...

DAILY FAVES...

PICK A PUD!

MONDAY

Macaroni Cheese 
Served with Two Vegetables

Vegetarian Sausage 
Served with Mashed Potato and Gravy




Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta 
Fresh, homemade tomato and basil sauce with penne pasta

Vanilla Ice Cream

TUESDAY

Chicken Pie
Served with Mashed Potato and Gravy

Cheese and Tomato Pizza 
Served with Two Vegetables

Jacket Potatoes 
with a choice of hot and cold fillings, including Salmon Mayonnaise 
Tomato Pasta 
Fresh, homemade tomato and basil sauce with penne pasta

Hot Chocolate Sponge served with Chocolate Custard

WEDNESDAY

Roast Turkey
Served with Roast Potatoes, Two Vegetables and Gravy

Vegan Sausage Casserole 
Served with Two Vegetables



Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta 
Fresh, homemade tomato and basil sauce with penne pasta

Fresh Fruit and Yoghurt 

THURSDAY

Beef Lasagne
Served with Garlic and Herb Bread Wedge

Chinese Vegetable Rice 
Served with Two Vegetables

Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta 
Fresh, homemade tomato and basil sauce with penne pasta

Pineapple Upside Down Cake 

FRIDAY


Southern Fried Chicken
Served with Chips and Two Vegetables


Quorn Dippers 
Served with Chips and Two Vegetables

Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta 
Fresh, homemade tomato and basil sauce with penne pasta

Fresh Fruit and Yoghurt 

MONDAY

Cheese and Tomato Pizza 
Served with Two Vegetables

Mixed Bean Pasta 
Served with Stromboli Pizza Wedge

Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta 
Fresh, homemade tomato and basil sauce with penne pasta

Jam Sponge

TUESDAY

Pork Sausages
Served with Mashed Potato, Two Vegetables and Gravy


Sweet Chilli Vegetable Noodles 
Served with Two Vegetables


Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta 
Fresh, homemade tomato and basil sauce with penne pasta

Fresh Fruit and Yoghurt 

WEDNESDAY

Roast Pork
Served with Mashed Potato, Two Vegetables, Yorkshire Pudding and Gravy

Vegetable Pie 
Served with Mashed Potato, Two Vegetables and Gravy

Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta 
Fresh, homemade tomato and basil sauce with penne pasta

Chocolate Ice Cream

THURSDAY

Keralan Chicken Curry 
Served with Wholegrain Rice and Two Vegetables

Cauliflower and Sweet Potato Masala 
Served with Wholegrain Rice and Two Vegetables

Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta 
Fresh, homemade tomato and basil sauce with penne pasta

Fresh Fruit and Yoghurt 

FRIDAY

Breaded Fish
Served with Chips and Two Vegetables

Tomato Vegetarian Burger 
Served with Chips and Two Vegetables

Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta 
Fresh, homemade tomato and basil sauce with penne pasta

Peach Slice 

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD,
YOGHURT & FRESH FRUIT

ALL MAIN MEALS SERVED WITH TWO VEGETABLES

 Vegetarian  Oily Fish  Wholegrain  Fruity!  Nutritionist's Choice  Halal Available